

REALSIMPLE

6 Beauty Buys to Help You Through Cold Season

Pretty (and potent) pick-me-ups that help fend off sickness—or give you a boost if you've already fallen prey.



Farmaesthetics Deep Lavender Rub

Whether you have a lingering cough or aching feet, this natural salve wherever you need instant relief. Lavender and eucalyptus oils calm the senses and soothe away any pain without the overwhelmingly medicinal scent you'd expect from traditional rubs.

To buy: \$25, farmaesthetics.com.

Real Simple
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